

# Reception News



## Friday 9th January

### Welcome back and Happy New Year!

Our new topic this half term is 'Healthy Me'. This week we have been thinking about healthy eating and learning about what a balanced diet is. We have been thinking about how different foods help our bodies and we loved looking at some healthy choices in lunchboxes too!



We have looked at the work of the artist Arcimboldo, who made portraits out of fruits and vegetables; we have had a go at this ourselves.

Maybe some of the children will be inspired to try a new healthy food next week!

#### Phonics

This week, we have been continuing our phonics groups from before Christmas and recapping the sounds the children already know. This is helping to prepare them for their phonics assessments next week.

We have also started spotting *tricky words* in our environment — in books, on signs, and on classroom displays. The children are doing a great job noticing these words in everyday places.

Can you see if your child can spot any tricky words at home or when you are out and about? You might find them on food packaging, shop signs, road signs, or in favourite storybooks.

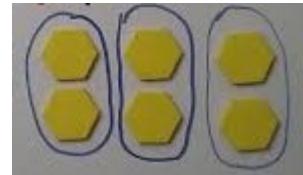


#### Maths

We are now focusing on the numbers **6, 7 and 8**, exploring their **composition** — how each number can be made using two smaller numbers. We are also practising finding **one more and one less**.

The children are becoming increasingly confident in using a range of resources, such as counters and tens frames, to support their understanding and explain their thinking. You could support this learning at home by asking your child to show different ways to make numbers 6, 7 or 8 using objects like toys, buttons or pieces of fruit.

Thank you for your continued support.



#### Sign of the Week

This week our sign has been **food**



<https://www.youtube.com/watch?v=hVKVw6mZB1o>

**Forest School:** The children have all enjoyed their first Forest School session this week. Please make sure your child brings their waterproofs in a separate bag and brings their normal coat for playtime. Many thanks.



**Friday 6th February:** Family Fun Run to celebrate our 'Healthy Me' topic—we are inviting parents and carers into school on Friday 6th February to join our Fun Run. Get your trainers on and join us at 2.30pm via the gate on Cemetery Road!

## Red words

Can you read these tricky words?

I the he she we me be  
no go so to of you said like  
your my what was all

