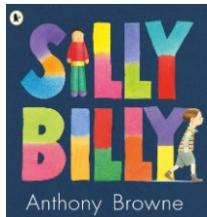


# Reception News

## Friday 30th January

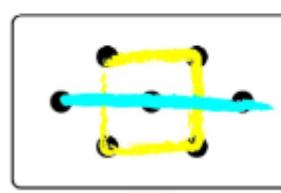
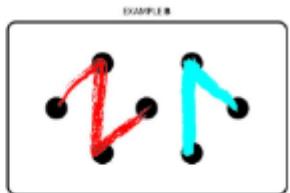
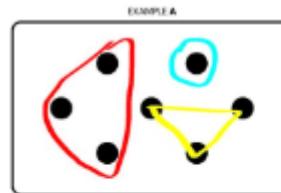


This week we have been thinking about how to keep our minds healthy.

We have shared stories such as Silly Billy and Ravi's Roar, and they have helped us to explore ways that we can express our emotions in a safe and kind way. One of the main things we have learnt, is how important it is to tell someone if you are upset, angry or worried about something—holding it in could make it worse! We have written poems about feelings and what each one might look like.

### Maths

This week we have been building 6, 7 and 8 in different ways, and are trying to subitise each part of the number. Can you split a group of 6, 7 or 8 objects in different ways with your child? Find 7 small items like buttons or dry pasta and hide some in your hand—can your child tell you how many are hidden, based on how many they can still see?



### Sign of the Week



Next week our signs will be exercise

<https://www.youtube.com/watch?v=CPPghHjAJ5Y>

and story

<https://www.youtube.com/watch?v=8iGSObo0esE>

**Next week we will be concluding our Healthy Me topic, with Friday afternoon offering a series of well-being activities, followed by our Fun Run with parents.**

**Children will be taking part in a yoga session, peer-to-peer massage and a fun football skills group.**



**Next week is National Story telling week. We are looking for SECRET STORY TELLERS!** If any parents would like to come in and read a favourite story to your child's class on Wednesday at 2:35pm, please speak to your child's teacher. Don't tell your child! We want the big reveal to be part of the fun!

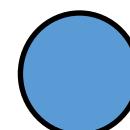
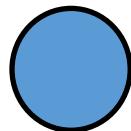
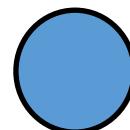
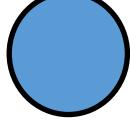
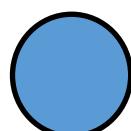
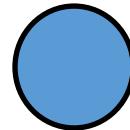
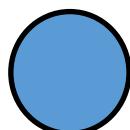
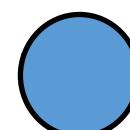
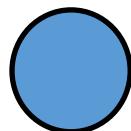
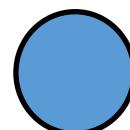
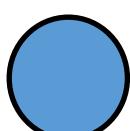
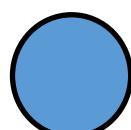
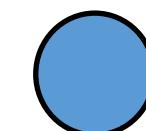
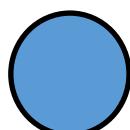
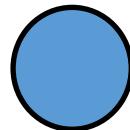
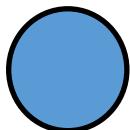
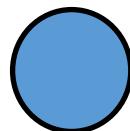
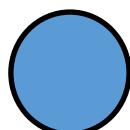
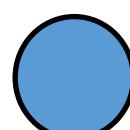
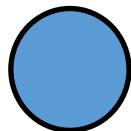
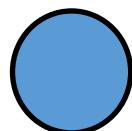
**Friday 6th February—Family Fun Run** As part of our Healthy Me topic, we are inviting parents and carers into school on Friday 6th February to join our Fun Run. Get your trainers on and join us at **2.30pm** via the gate on Cemetery Road. Be ready to sign up to a healthy pledge!



**Wednesday 25th February** there is a **Maths Workshop** for Reception parents. This will start in the Old Hall at 2pm, followed by time in your child's class to see Maths in action, with games that can support learning at home.

# READING for Pleasure

This week, tell us about a feelings book: Have you got a favourite story where the character has a strong emotion? What causes this? What helps them feel differently?



How many ways can you split 7 into 2 groups?