

# Thrive Forest School at Hagley Primary School



At Hagley Primary School, we are proud to offer Forest School sessions as part of our **Thrive approach** to support children's emotional wellbeing and personal development. **Thrive underpins** this provision, ensuring it is rooted in a deep understanding of children's individual needs and a commitment to building their emotional resilience.

Led weekly by our experienced Forest School Lead, Mrs Albutt, these outdoor sessions provide a unique space for children to connect with nature, express themselves freely, and build essential life skills in a calm and supportive environment.

Forest School encourages children to develop resilience, creativity, independence, and problem-solving skills through hands-on experiences such as den building, nature crafts, mindfulness activities, and team challenges. These sessions align with our Thrive ethos by helping children manage emotions, boost confidence, and foster positive relationships—all while having fun in the great outdoors.

The benefits of Forest School are wide-ranging. Regular time in nature helps improve focus, reduce worries, and promote emotional regulation. It supports holistic development by nurturing children's physical, social, and emotional growth from Reception through to Year 6, helping them thrive both in and outside the classroom.

